

Short Skipping Rhymes	
<p data-bbox="226 461 772 581">Under the moon, over the stars</p> <p data-bbox="212 675 779 1081">The children run under the rope for, 'under the moon' and then on the return jump over the rope for 'over the stars'.</p>	<p data-bbox="1003 461 1255 509">Cinderella</p> <p data-bbox="873 604 1386 724">Cinderella, dressed in yellow Went upstairs to kiss her fellow How many kisses did she get? Count -1-2-3 etc. keep getting faster</p>

Jelly on the plate

Jelly on the plate
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Wibbly wobbly (skipper
has to wobble and
wobble)
Wibbly wobbly
Jelly all ate!

A B C D

A child jumps in and
skips for 2 letters
(A B)
Then jumps out and
the next person jumps in
(C,D) and so on

Sausages in the pan

Sausages in the pan,
Sausages in the pan,
Turn them over, (turn
around to face the
opposite direction)

Turn them over, (turn
around to face the
opposite direction)
Sausages in the pan

Longer rhymes

I went down town

I went down town

I met Mrs Brown

She gave me a nickel

So I bought a pickle

The pickle was sour, so I
bought a flower

The flower wouldn't
smell, so I bought a bell.

The bell wouldn't ring, so
I began to sing.

On a mountain stands a
lady who she is I do not
know

All she wants is gold and
silver

All she wants is a nice
young man

Lady lady touch the
ground (skipper touches
the ground)

Lady lady turn right
round (skipper turns to
face the turner behind
them)

Lady lady show your
shoe (skipper hops
showing shoe)

Lady lady run right
through (skipper skips
out of the rope)

Teddy Bear

(skipper copies the teddy bear instructions)

Teddy Bear, teddy Bear
turn right around

Teddy Bear, Teddy Bear
touch the ground

Teddy Bear, Teddy Bear
show your shoe

Teddy Bear, Teddy Bear
that will do

Teddy Bear, Teddy Bear
go upstairs

Teddy Bear, Teddy Bear
say your prayers

Teddy Bear, Teddy Bear

turn out the light,
Teddy Bear, Teddy Bear
say goodnight

Getting Faster

Mabel

Mable, Mabel, set the
table

Do it fast as you are able,

Don't forget the SALT,
PEPPER, VINEGAR,
MUSTARD

(Keep repeating SALT,
PEPPER, VINEGAR, and
MUSTARD turning the
rope faster and faster)

Rosie Apple

Rosie Apple, Lemon Tart,
Tell me the name of your
sweetheart

Is it A,B,C,D... (Skippers
get quicker as the
alphabet is said)

Motor car

Had a little motor car in
1956

Drove it round the corner
(skipper jumps out runs
around the turner and
jumps back in)

And pulled my brakes
(skipper straddles the
rope to stop the rope
between their legs)

A policeman caught me
and put me in jail

How many days was I in
jail?

The turners count and go
faster 1,2,3,...

Involving a second

skipper	
<p>All in together girls</p> <p>(Everyone starts together in the rope)</p> <p>All in together girls this fine weather girls when you hear your birthday please jump out January, February, March April....</p>	<p>Granny in the kitchen</p> <p>Granny in the kitchen Doing a bit of stitching In came the bogey man (another child jumps in) And pushes granny out (first skipper jumps out) Ah said the granny 'That's not fair' Ah said the bogey man 'I don't care'</p>
<p>I had a little puppy</p>	

I had a little puppy
His name was Tiny Tim
I put him in the bathtub,
to see if he could swim
He drank up all the
water; he ate a bar of
soap

The next thing you know
he had a bubble in his
throat.

In came the doctor, (2nd
skipper jumps in)

In came the nurse, (3rd
skipper jumps in)

In came the lady with the
alligator purse (4th
skipper jumps in)

Out went the doctor, (2nd
skipper jumps out)

Out went the nurse, (3rd
skipper jumps out)

Out went the lady with
the alligator purse (4th
skipper jumps out)

